

The background of the entire page is a photograph of a woman in traditional African attire, possibly from the Maasai or a similar tribe. She is wearing a pink long-sleeved shirt and a blue patterned wrap. She has a blue and yellow headband and is smiling broadly, showing her teeth. In the background, other people are visible, some also in traditional clothing, suggesting a cultural event or dance. The overall tone is vibrant and celebratory.

ANNUAL REPORT

 2025

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Foreword

Last year was a meaningful year for the Institute for Community Based Sociotherapy. In Rwanda, Uganda, Burundi, and the Netherlands, we continued to work alongside communities that are finding their way forward after years of violence, loss, and division. Community-based sociotherapy works through listening, dialogue, and connection, helping people process painful experiences together and gradually rebuild trust with one another. This report looks back on a year in which more communities were reached, more facilitators were trained, and the impact of this approach continued to grow.



At the same time, 2025 brought real challenges. Funding became harder to secure, and the contexts in which we work grew more complex. We responded by strengthening how we work as an organisation, putting more emphasis on our added value as an international knowledge institute, improving how we document and share what we learn, and building new partnerships with organisations that share our values. We hope this report gives a clear picture of what ICBS did this past year, why it matters, and how the communities we work with remain at the centre of everything we do.

Moses Mukasa

1. Our Strategic Foundation



Vision

We envision a world where people whose lives have been disrupted by war, violence or natural disasters can live their lives in peace and enjoy meaningful social relationships.



Mission

ICBS contributes to peaceful communities and improving the psychosocial well-being of people living in areas disrupted by crises, by facilitating access to community-based sociotherapy.

The Strategic Objectives 2024-2028

As a knowledge institute for Community-Based Sociotherapy, guided by the core principles of the approach, we believe that the following strategic objectives will enable us to achieve our mission and vision. Since 2024, our work has been guided by the following strategic objectives:



**Fostering a vibrant
Community of expertise**



**Accreditation of Community
Based Sociotherapy professionals**



**Building a body of knowledge
On Community Based
Sociotherapy**



**Increase access to Community
Based Sociotherapy**



**Sustainable Community Based
Sociotherapy-inspired organisation**



2. Key 2025

Impact Highlights



5

New
partnerships
created



522

Facilitators
trained



566

Groups
facilitated



9,249

Direct CBS
group participants

"Sociotherapy healed my inner wounds. My chronic headaches are gone, and I can sleep peacefully. I found courage to forgive the genocide offenders who killed my family and in-laws." Female Graduate, Gatebe

Rwambogo

3. Our 2025 achievements



Expanding partnerships in the Great Lakes Region and beyond

Under the CONNECT Project, funded by the Embassy of the Kingdom of the Netherlands, the CBS network continued to expand in 2025 through new partnerships and learning initiatives.



2

**New CBS
Implementing partners**



3

**Research institutions
joined the CONNECT
project**



**An inception report
was developed for the
CBS pilot in Syria.**

These developments contributed to ICBS' efforts to strengthen locally grounded evidence, enhance learning, and improve the quality and relevance of CBS across diverse contexts.

Learning together with communities

Together with our partners, we trained:



349

CBS facilitators in
Rwanda



80

CBS facilitators in
Burundi



79

CBS facilitators in
Uganda



Launching the Accreditation of CBS professionals



34 CBS trainers trained
through a Training of
Trainers (ToT) programme.



Seven countries
represented: Rwanda,
DRC, Burundi, Ethiopia,
Uganda, South Sudan and
Liberia.



Competency-based
accreditation pathway
established, combining
facilitation practice,
reflective writing, and
peer learning.

Led by ICBS in collaboration with its partners, the accreditation process equips trainers with the knowledge, skills, and practical experience needed to deliver high-quality CBS training while strengthening consistency and quality across the CBS network.



Strengthening evidence for CBS Effectiveness



C-RCT study

Cluster-Randomized Control Trial in partnership with the University of Rwanda, Gulu University & University of Burundi.



Qualitative studies

3 country-level qualitative studies on family dynamics, partner relations & SGBV.



Activity info digital monitoring

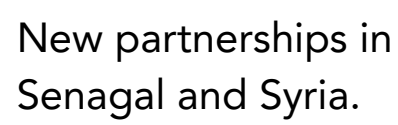
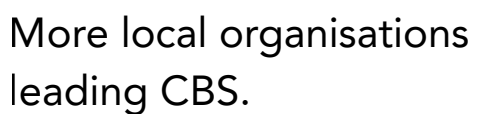
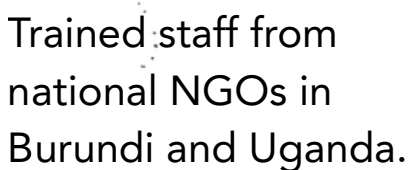
ActivityInfo enabled real-time monitoring, learning, quality assurance and programme improvement.

"Sociotherapy taught me how to forgive my husband, even though he had hurt me deeply. I used to see him as an animal, and I never thought I could live with him again.

But today, we are together."

Female graduate, Ngarama sector

Access to CBS



Deeper understanding of Peacebuilding and MHPSS Integration



Great Lakes Region initiative on MHPSS and Peacebuilding integration supported by GIZ in collaboration with ICGLR-RTF



Exploring the links between psychosocial wellbeing, healing, social cohesion, and SGBV prevention in conflict-affected communities.



Integration already exists in local practices such as dialogue, rituals, customary systems, and faith-based care. The focus is on strengthening and making these approaches more visible.



Training of Trainers in Burundi, CAR, Kenya, Rwanda, and Uganda, bringing together diverse stakeholders to develop shared learning and practical action plans.



Burundi



CAR



Kenya



Rwanda



Uganda



"I was emotionally overwhelmed, carrying a heavy burden, thinking it was solely my responsibility to manage everything. But in the group, I discovered its strength, I was able to share my personal story, one I had never told anyone before. It felt like finding a clear sky after a storm."

CBS facilitator, Burera, Rwanda

3. Financial overview



Below we provide an analysis of the organization's results, based on statement of revenue and expenditure.

	2025		2024	
	€	%	€	%
Net revenue	2,123,836	100.0%	2,169,451	100.0%
Private contributions	1,458,532	68.7%	1,599,482	73.7%
Gross operating result	1,458,532	68.7%	569,969	26.3%
Wages and salaries	180,492	8.5%	131,772	6.1%
Social security charges	40,834	1.9%	25,193	1.2%
Other personnel expenses	177,825	8.4%	105,633	4.9%
Housing expenses	20,478	1.0%	22,279	1.0%
Media expenses	74,275	3.5%	40,986	1.9%
Car expenses	789	0.0%	34,198	1.6%
Office expenses	22,287	1.1%	9,906	0.5%
General expenses	106,741	5.0%	160,208	7.4%
Other operating expenses	623,721	29.4%	530,175	24.6%
Operating surplus/deficit	41,583	1.9%	39,794	1.7%
Bank charges	-2,292	-0.1%	-1,976	-0.1%
Total financial income and expenditure	-2,292	-0.1%	-1,976	-0.1%
	39,291	1.8%	37,818	1.6%

Statement of Financial Position

as of 31 December 2025

ASSETS	31 December 2025		31 December 2024	
	€	€	€	€
Currents assets				
Receivables				
Trade receivables	[1]	108,812	3,996	
Other prepayments and accrued income	[2]	<u>10,737</u>	<u>1,018</u>	
		119,549		5,014
Cash and cash equivalents	[3]	1,455,308		1,555,206
Total assets		<u>1,574,857</u>		<u>1,560,220</u>

LIABILITIES	31 December 2025		31 December 2024	
	€	€	€	€
Net assets				
General reserves	[4]	<u>213,239</u>	<u>173,948</u>	
		213,239		173,948
Current liabilities				
Accounts payable	[5]	8,735	9,186	
Taxes and premiums social insurance	[6]	9,719	3,089	
Accrued liabilities	[7]	<u>1,343,164</u>	<u>1,373,997</u>	
		1,361,618		1,386,272
Total liabilities		<u>1,574,857</u>		<u>1,560,220</u>

Cash flow statement 2025

	2025		2024	
	€	€	€	€
Cash flow from operating activities				
Operating result		41,583		39,794
Change in working capital:				
Receivables	[1]	-114,535	42,513	
Current liabilities (except debts to credit institutions)	[5]	<u>-24,654</u>	<u>933,600</u>	
		-139,189		976,113
Cash flow from company operations		<u>-97,606</u>		<u>1,025,907</u>
Interest and similar expenditure	[19]	<u>-2,292</u>	<u>-1,976</u>	
		-2,292		-1,976
Cash flow from operating activities		<u>-99,898</u>		<u>1,013,931</u>
Movements in cash		<u>-99,898</u>		<u>1,013,931</u>
Notes to the cash resources				
Score by 1 January		1,555,206		541,275
Movements in cash		<u>-99,989</u>		<u>1,013,931</u>
Score by 31 December		<u>1,455,308</u>		<u>1,555,206</u>

5. Partnerships and collaboration

Our strategic partners



MOH-Rwanda



Kingdom of the Netherlands



giz Deutsche Gesellschaft
für Internationale
Zusammenarbeit (GIZ) GmbH

Our CBS implementing partners and network members



COMMUNITY BASED
SOCIO THERAPY



Our research partners



6. Acknowledgements

We extend our sincere appreciation to all those who contributed to the success of our work.



We gratefully acknowledge

The dedication and commitment of **ICBS staff, partner organizations' staff, and local leaders** in countries of implementation, collaborating stakeholders, CBS facilitators, and the many **community members** who participated in and supported the CBS journey.

Their expertise, leadership, engagement, and willingness to share their experiences have been invaluable in advancing this work.



We also express our deep gratitude to our **donors and all organizations and individuals** who provided financial support and other resources to advance the CBS mission. Their generosity and commitment have enabled the implementation, growth, and sustainability of CBS activities and their impact on communities.



Together, these contributions have made it possible to strengthen community engagement, learning, and action through CBS.



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